



Among Friends

Newsletter of the Friends of St. John the Caregiver

April 2008

Quiz Time!

And today's topic is . . . Latin. Don't panic. You'll do fine. Really.

1. Did you know FSJC also has "parish members"? (No, that's not the question!) They're: St. Augustine, Gainesville, Florida; St. Gregory, Davie, Florida; Our Lady of Guadalupe, Silvis, Illinois; St. Francis and Claire, Greenwood, Indiana; St. Bernadine, Baltimore, Maryland; St. Catherine of Siena, Norwood, Massachusetts; and Our Lady of the Snows, Clarks Summit, Pennsylvania. Which of those six states gets its name from the Latin for blossoming plants?

2. A new member, Father Ignacio, is a hospital chaplain in southern California. He requested a large shipment of "The Little Book of Caregiver Prayers" and "The Stations of the Cross for Caregivers" so he could pass them out to caregivers and nurses. Father belongs to an order that uses the initials S.V.D., for "Societas Verbi Divini." In English, that's:

- a. Sodality of the Divided Verbs
- b. Society of the Divine Word
- c. Franciscan

3. Prefer arithmetic questions? No problem. Last year at the convention for the National Council of Catholic Women, we gave away 1,533 prayers books. Since the beginning the year, we've given away 918. How much is the total . . . in Roman numerals?



- a. MMCDLII
- b. MMCDLI
- c. M&Ms

Answers

- 1. It's Florida, from "*flos, floris*," meaning flower. Explorer Ponce de Leon landed there on *Pascua Florida* (Flowery Passover), the Easter Season.
- 2. B. You can order multiple copies, too!
- 3. B. But, as we all know, chocolate is the answer to a lot of life's problems.

What's So Special About the 27th?

What's the connection between the 27th of each month and the Friends of St. John the Caregiver?

That's the day in particular we ask all members to keep caregivers and care-receivers in their prayers.

The 27th — of December — is the feast of St. John the Apostle, Evangelist . . . and Caregiver.

Talk about a multi-talented disciple!

So . . . please mark that calendar hanging on the refrigerator or — going high tech — set up that computer to send yourself a reminder e-mail. Either way, or any other way, please continue to keep caregivers and those in their care in your prayers.



May We Have Your Order, Please?

We know that some FSJC members don't have access to the Internet so we're happy to mail a copy of the newsletter and quarterly updates of prayer requests. But there are other items available, too.

That's why we're including an order form for printed material with this issue of *Among Friends*. We want to make it as easy as possible for you or a loved one to have access to these resources.

As always, there's no charge for any items. And no charge for shipping or handling. Our generous donors (listed on the back side of this newsletter) make that possible. God bless them!

New Series by FSJC Members and Liguori

Check out the April edition of *Liguorian* magazine. The cover story — "The Driving Question: Helping the Elderly See the Signs" — was written by FSJC members James and Ann Cavera. Congratulations to the Caveras and Liguori Publications who have teamed up to produce the "It's Time We Talk About . . ." pamphlet series addressing senior issues.

In Loving Memory

We remember caregivers, care-receivers, family members and friends who have recently died:

Gertrude Banks	Mary Hoying
Father J. Paul Dalton	Edna Hubbard
John Donaldson	Billye Jo Hubbard
Bob Dunsire	Flora Merrithew
Connie Fersch	Joseph O'Brien
Robert Francis	John Ruhl, Sr.
Aleace Gray	

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

Thank You to All Who Donated to FSJC!

We want to thank the many individuals, couples and families who donated to the Friends of St. John the Caregiver from May 1, 2007, through March 31, 2008.

Your generosity has been a tremendous help to caregivers, care-receivers and their families.

God bless you all!

Ellen Allison
Janice Anderson
Kathy and Bob Anderson
Anonymous (16 donors)
Mike and Terri Aquilina
June Archer
Sister Laurentilla Back, SSND
Thomas Bala
Ann Ball
Father Patrick Beck
Carla Black
Jane Brown
Kent Brown
Mowbray Brown
Diane and Gary Buckley
Deniece Butler
Marilyn Carlonas
Ann and Jim Cavera
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Mary Cordwell
Edwin and Rita Davis
Andy Dodds
Bill and Tammy Dodds
C.W. Dodds Family
John G. Dodds
Mal and Ann Dodds
Father Michael Dodds, O.P.
Patrick and Diane Dodds
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Phil and Rose Sullivan
Jeanne Swimme
Gloria and Ray Thiele
Catherine Thomas
Marci and James Thomsen
Margaret Tribby
Anita Turcotte
Father Thomas Vandenberg
Chris Weber
Candace Wegerson
Barbara Werschkul

(Please let us know if we had made a mistake and left your name off the donor list. We apologize for the error.)

Offering Prayers Worldwide for Caregivers and Care-receivers Members Now in Eight Countries on Four Continents

Internationally

Australia
Canada
China
England
Ireland
Malaysia
Scotland

Florida
Georgia
Hawaii
Idaho
Illinois
Indiana
Iowa
Kansas

Missouri
New Hampshire
New Jersey
New York
Ohio
Oregon
Pennsylvania
South Dakota
Tennessee
Texas
Virginia
Washington
Wisconsin

United States

Arizona
Arkansas
California
Colorado
Connecticut

Kentucky
Louisiana
Maryland
Massachusetts
Michigan
Minnesota

Weekly News and Updates

You can find a weekly update letter every Monday on the home page at YourAgingParent.com.

And — if you're the kind who likes information delivered right to you — there's an RSS link, too.

Not familiar with "Really Simple Syndication"? Many sites have information on choosing a "reader" and receiving



Friends of St. John the Caregiver

Order Form

We know that some family caregivers and FSJC members don't have access to the Internet. Here's a handy way to order a variety of resource material for yourself, your family member, your parish . . . or anyone else. **Thanks to the generosity of FSJC donors we can offer all these items at no charge.** Just let us know what you would like and where you want to have it sent. Items with an asterisk (*) are also available on-line at YourAgingParent.com.

<i>Item</i>	<i>Quantity Requested</i>		
		Prayer Books	Choosing the Best Solution _____
The Little Book of Caregiver Prayers	_____		'I Don't Want to Be a Burden'
The Stations of the Cross for Caregivers	_____		Helping Your Parent Give Up the Car Keys _____
		Holy Cards	Preparing Your Children to Visit Your Parent _____
St. John the Caregiver	_____		In Case of an Emergency or Disaster _____
Our Lady in Need	_____		Exhaustion: Care for the Caregiver _____
Caregiver's Prayer bookmark	_____		Caregiving is a Family Affair _____
		*Brochures	Caregiver Grief: Sorting Out, Moving On, Remembering _____
The Basics of Catholic Caregiving	_____		Parent's Grief _____
The Friends of St. John the Caregiver	_____		Guilt _____
		*Checklists	Home Safety _____
Overall Assessment of Care-receiver	_____		Independence _____
Evaluating Housing Options	_____		Keeping Secrets, Telling Lies _____
Assisted-Living Facility Evaluation	_____		Long-distance Caregiving _____
Nursing Home Evaluation	_____		Losses _____
Legal and Financial Paperwork	_____		When You're Married to the Caregiver _____
Depression	_____		Should Mom or Dad Move In? _____
Driving Skills	_____		When Mom or Dad Moves In _____
Home Safety	_____		Not My Parent, Spouse, Loved One _____
Elder Abuse Prevention	_____		Choosing a Nursing Home _____
		*Topic Sheets	Principles and Guidelines for Caregiving _____
The Stages of Caregiving	_____		Respite Care _____
Alcoholism	_____		It's a Matter of Respect _____
Anger	_____		Respectful Caregiving as the Parent-Child Roles Reverse _____
Assessment: What Help Does Mom or Dad Really Need?	_____		When the Parent-Child Roles Reverse _____
			The Sandwich Generation _____
			Caregiving Stress: Warning Signs _____
			The Need to Talk _____
			Vision _____

Please send this material to:

Name _____ Street _____

City _____ State/Prov _____ ZIP _____ Country _____

Mail your request to:
Friends of St. John the Caregiver
P.O. Box 320
Mountlake Terrace, WA 98043

There is no charge for any material and no charge for shipping or handling.
All donations are gratefully accepted.
FSJC is a 501(c)3 organization. Donations are tax-deductible as provided by law.

An international Catholic organization promoting care for family caregivers.